Time/Distance/Height	Event	Track/Field	Date of Record	Record Holder	Gender	Age Group
14.40	100m	Track	26-03-88	Jessie Shepherd	Female	10
14.40	100m 100m	Track	28-03-87	Jane Fredericks	Female Female	10
14.10 14.10	100m	Track Track	27-03-04 20-03-99	Annaliese Gardiner Chelsea Docherty	Female	11 11
14.10	100m	Track	25-03-89	Jessie Shepherd	Female	11
13.30	100m	Track	28-03-87	Kirsten Docherty	Female	12
13.00	100m	Track	16-03-91	Jessie Shepherd	Female	13
12.90	100m	Track	07-03-89	Kirsten Docherty	Female	14
12.90	100m	Track	19-03-88	Sally Eggleton	Female	14
12.30	100m	Track	07-03-89	Catherine Chambers	Female	15
12.73	100m	Track	26-09-20	Georgia Fichardt	Female	17
19.03	100m	Track	10-03-18	Ella Achike	Female	6
16.50	100m	Track	20-03-82	Jane Jamieson	Female	7
16.50	100m	Track	20-03-82	Sally Eggleton	Female	7
15.60 14.70	100m 100m	Track Track	29-03-86 28-03-87	Sarah Lappan Sarah Lappan	Female Female	9
15.71	100m Hurdles	Track	12-12-20	Sienna Bond	Female	17
5:48.48	1100m Walk	Track	27-01-18	Grace Beck	Female	10
5:41.30	1100m Walk	Track	17-03-07	Rebecca Melville	Female	11
5:03.70	1500m	Track	24-03-12	Abbey Rockliff	Female	10
4:59.03	1500m	Track	23-02-13	Abbey Rockliff	Female	11
4:51.45	1500m	Track	09-11-13	Abbey Rockliff	Female	12
4:42.42	1500m	Track	27-09-14	Abbey Rockliff	Female	13
4:42.68	1500m	Track	24-10-15	Abbey Rockliff	Female	14
4:52.10	1500m	Track	25-03-89	Suzanne Walsham	Female	15
5:35.76	1500m	Track	14-11-20	Lucca Taylor	Female	17
6:00.30	1500m	Track	23-03-13	Nicola Simmons	Female	17
7:46.10 7:18.40	1500m Walk 1500m Walk	Track Track	20-02-99 03-10-20	Jessica Heazlewood Grace Beck	Female Female	12 13
7:05.16	1500m Walk	Track	16-03-13	Lucy Francis	Female	14
6:56.10	1500m Walk	Track	08-02-03	Fiona Alldis	Female	15
7:17.87	1500m Walk	Track	29-11-14	Lucy Francis	Female	17
30.43	200m	Track	21-10-17	Gemma McIntosh	Female	10
29.80	200m	Track	05-03-83	Ashley Edwards	Female	11
28.30	200m	Track	19-03-05	Annaliese Gardiner	Female	12
27.60	200m	Track	30-03-91	Jessie Shepherd	Female	13
27.30	200m	Track	29-03-86	Katherine Reid	Female	14
26.40	200m	Track	07-03-89	Catherine Chambers	Female	15
27.43	200m	Track	03-11-18	Jessica Maciver	Female	17
39.73 36.00	200m 200m	Track Track	17-03-18 24-03-79	Elsie Clatworthy Justine Nicolson	Female Female	6 7
32.90	200m	Track	21-03-92	Alexandra Conroy	Female	8
31.80	200m	Track	28-03-87	Sarah Lappan	Female	9
30.70	200m Hurdles	Track	28-10-17	Sienna Bond	Female	13
30.60	200m Hurdles	Track	17-03-07	Annaliese Gardiner	Female	14
30.80	200m Hurdles	Track	09-02-08	Annaliese Gardiner	Female	15
30.80	200m Hurdles	Track	12-02-05	Elzaan Pienaar	Female	15
31.69	200m Hurdles	Track	16-03-13	Jennifer King	Female	17
10:32.27	3000m	Track	31-01-15	Abbey Rockliff	Female	13
10:23.59	3000m	Track	17-10-15	Abbey Rockliff	Female	14
10:54.48	3000m	Track	21-09-13	Annabel McDermott	Female Female	15 17
13:45.27 1:03.51	3000m 300m	Track Track	04-11-17 09-12-17	Belinda Scott Elsie Clatworthy	Female	6
57.87	300m Hurdles	Track	10-02-18	Jada Powell	Female	15
50.89	300m Hurdles	Track	09-12-17	Mia Hemsworth	Female	17
1:06.90	400m	Track	13-03-82	Amanda Stitt	Female	10
1:05.70	400m	Track	19-03-83	Amanda Stitt	Female	11
1:03.20	400m	Track	09-03-91	Eugenie Austin	Female	12
1:02.51	400m	Track	25-10-14	Abbey Rockliff	Female	13
1:00.79	400m	Track	30-09-17	Jessica Bird	Female	14
1:01.30	400m	Track	27-03-04	Sianne Toemoe	Female	15
1:07.11	400m	Track	09-02-13	Sophie Gee	Female	17
1:15.75	400m	Track	09-11-13	Eva Bates	Female	9
1:11.50 1:48.00	400m 500m	Track Track	14-03-81 23-03-91	Amanda Stitt Alexandra Conroy	Female Female	7
9.60	500m 50m	Track	05-03-11	SIENNA BOND	Female	6
8.60	50m	Track	18-03-78	Jane Martin	Female	7
2:09.00	525cc	Track	20-05-18	Elsie Clatworthy	Female	6
11.07	60m Hurdles	Track	20-10-13	Samantha Ramsden	Female	10
11.10	60m Hurdles	Track	22-02-03	Annaliese Gardiner	Female	10
10.20	60m Hurdles	Track	20-03-04	Annaliese Gardiner	Female	11
9.70	60m Hurdles	Track	18-03-00	Chelsea Docherty	Female	12
12.80	60m Hurdles	Track	16-03-96	Charlotte Yeates	Female	7
11.80	60m Hurdles	Track	24-03-01	Stephanie Gelder	Female Female	8 9
11.00 2:26.93	60m Hurdles 700m	Track Track	11-03-06 08-02-14	Antonia Howard Eva Bates	Female Female	8
3:45.37	700m 700m Walk	Track	16-02-13	Jessica Bird	Female	9
10.30	70011 Walk	Track	18-03-00	Alice Wilson	Female	10
12.74	70m	Track	17-03-18	Ella Achike	Female	6
11.80	70m	Track	17-02-96	Charlotte Yeates	Female	7
11.80	70m	Track	16-03-91	Alexandra Conroy	Female	7
11.80	70m	Track	18-03-89	Imogen Nylor	Female	7
11.80	70m	Track	16-03-85	Sarah Lappan	Female	7
11.80	70m	Track	20-03-82	Kristie Wauchope	Female	7
11.00	70m	Track	14-03-92	Alexandra Conroy	Female	8
11.00	70m	Track	07-03-78	Cassandra Vernon	Female	8
10.60	70m	Track	07-03-98	Charlotte Yeates	Female	9
2:33.70	800m	Track	03-03-12	Abbey Rockliff	Female	10
2:29.10 2:24.74	800m	Track	20-10-12	Abbey Rockliff Abbey Rockliff	Female	11
2:24.74	800m 800m	Track Track	05-10-13 01-11-14	Abbey Rockliff Abbey Rockliff	Female Female	12 13
2:16.15	800m	Track	03-10-15	Abbey Rockliff	Female	14
2:22.72	800m	Track	20-09-14	Catherine Miller	Female	15
	800m	Track	24-03-12	Nicola Simmons	Female	17
2:41.50						
2:41.50 2:35.80	800m	Track	12-02-11	Abbey Rockliff	Female	9
2:41.50 2:35.80 12.87	800m 80m Hurdles	Track Track	12-02-11 04-10-14	Abbey Rockliff Mia Hemsworth	Female Female	9 13
2:35.80						